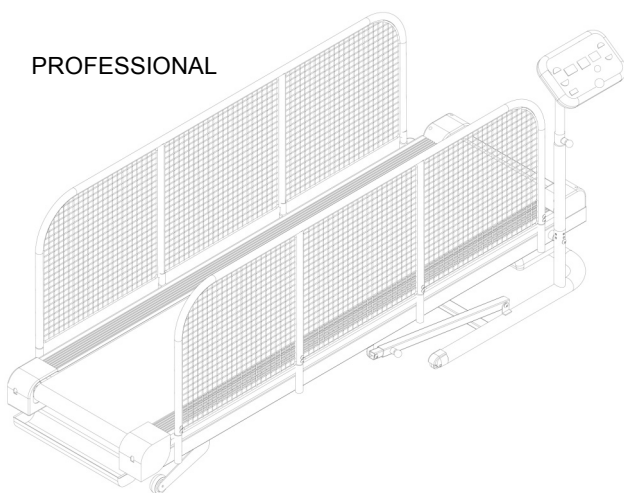




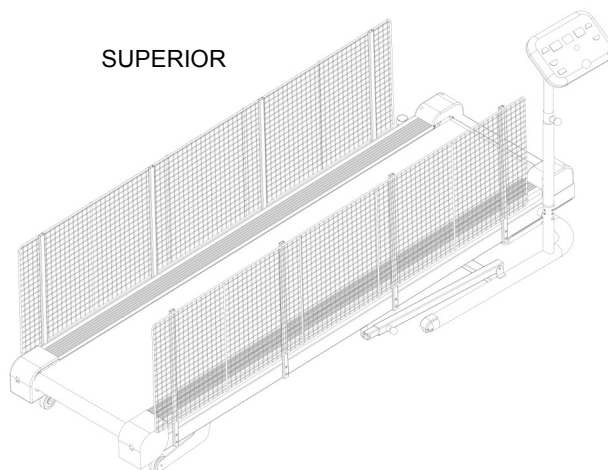
DOG TREADMILL

Models:

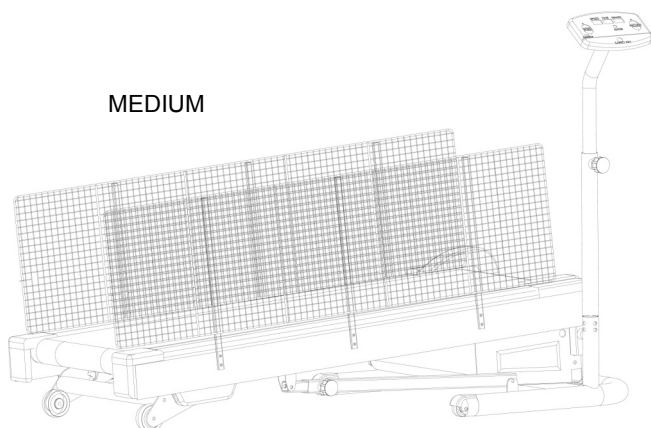
PROFESSIONAL



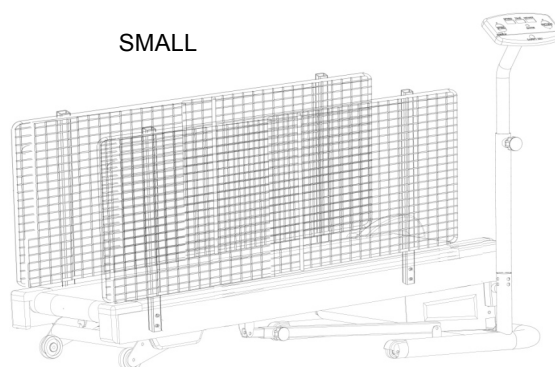
SUPERIOR



MEDIUM



SMALL



In order to operate this treadmill safely and correctly,
please read the manual and follow the instructions carefully.

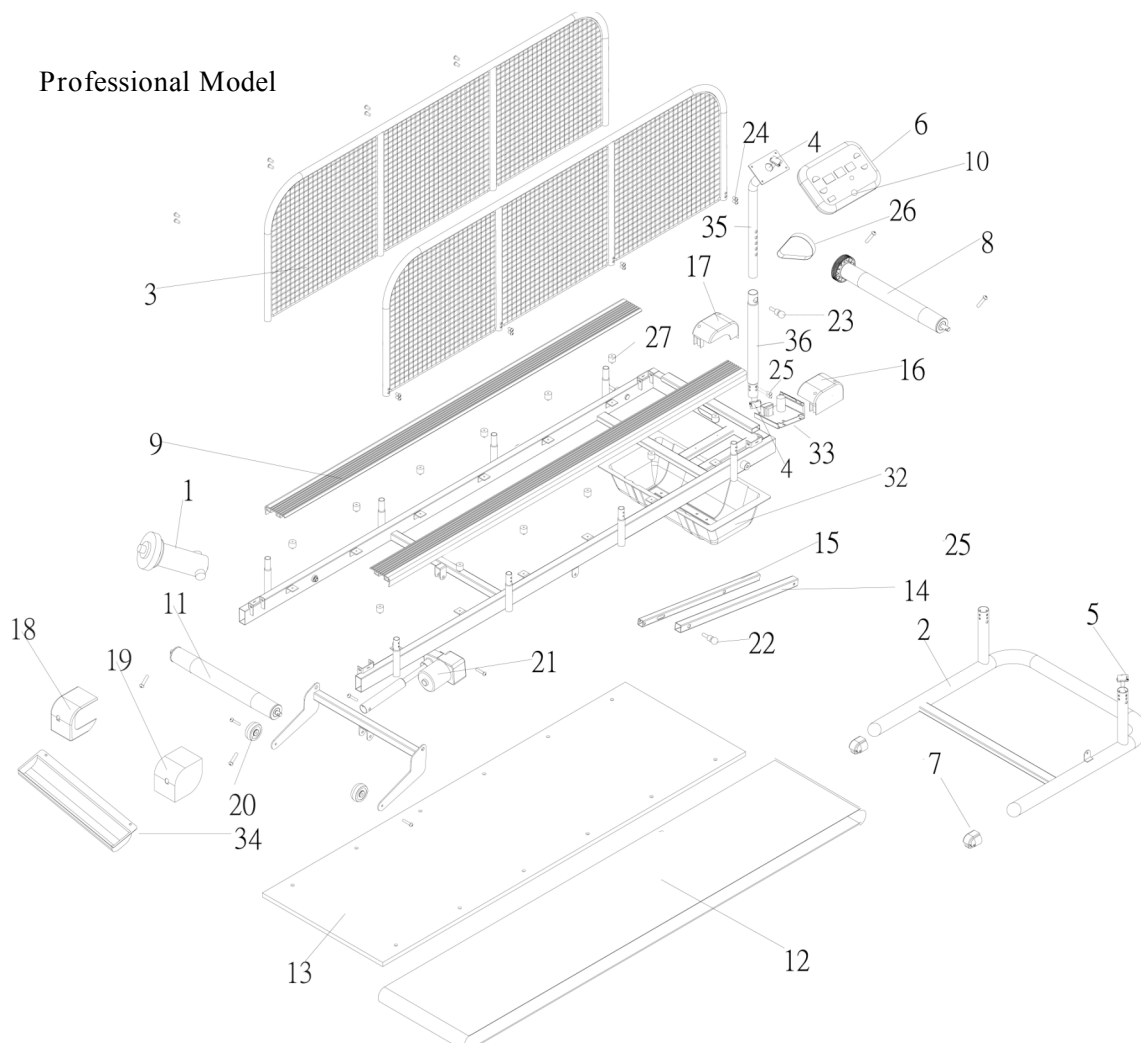
CONTENTS

Assembly Instructions • Parts List • Gradient Adjustment • Belt Tension Adjustment
• Computer Console Instructions • Maintenance Instructions • Dog Training Manual •
Technical Specifications • Warranty

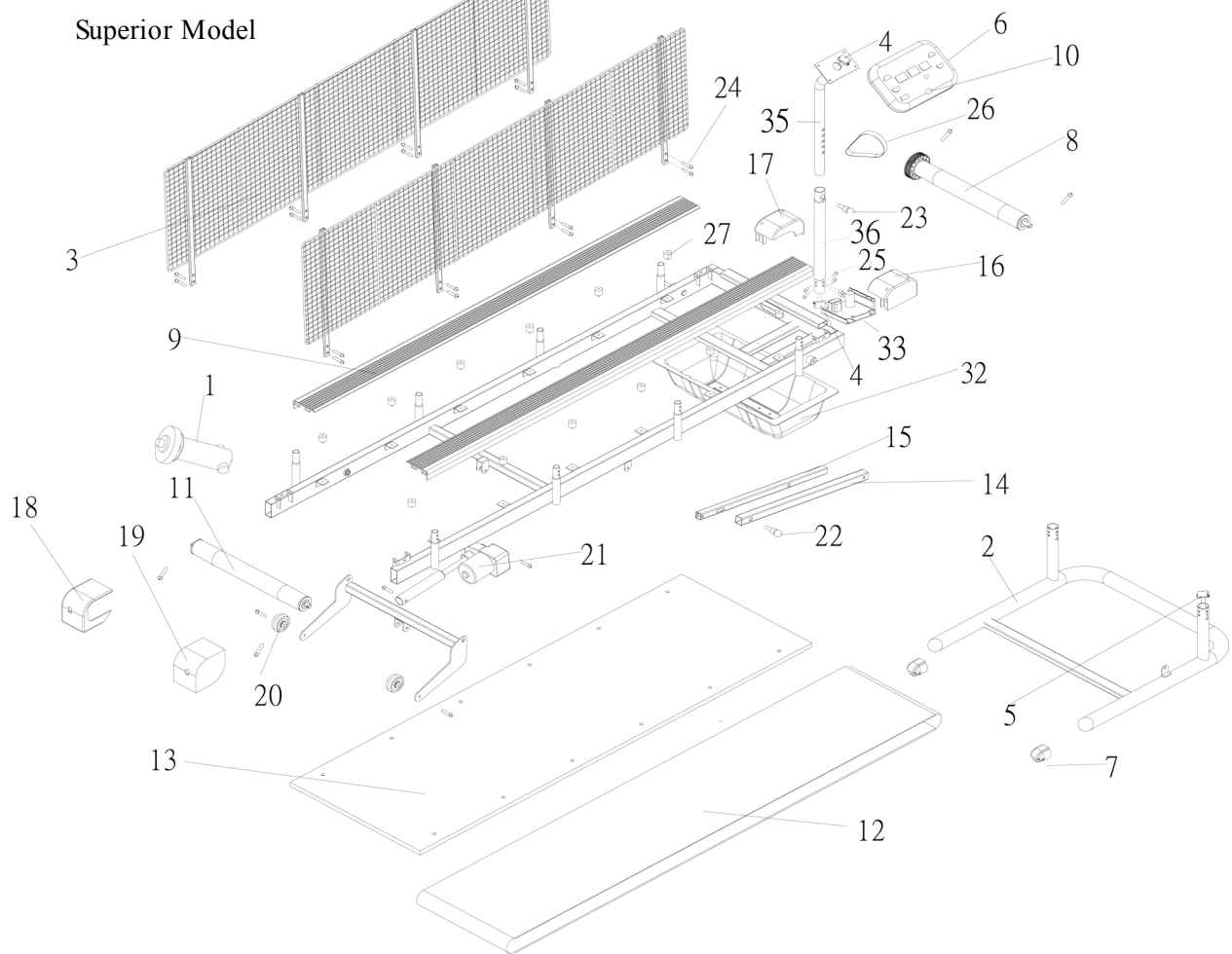
ASSEMBLY INSTRUCTIONS

1. Fit Fur Life treadmills are robust, so they are also heavy! It is advisable that two people lift, carry and position the treadmill.
2. For protection during transit each treadmill is packed in three layers of boxes. If the machine has been damaged in transit, FFL must be notified within 48 hours.
3. Remove the treadmill from the box and place on level ground.
4. Fix the GUARDRAILS (Left & Right) (3) to the machine using the M6*8 bolts (24). You will find this easier with the treadmill in its vertical storage position. To do this there is a release knob half way down on the right-hand side of the machine. To move the machine to its vertical storage position, pull out the release knob and lift the back of the machine at the same time. It is advisable that two people perform this operation.
5. Connect the UPPER CABLE CONNECTOR (4) to the LOWER CABLE CONNECTOR (5), and then tighten the tubes using the M6*8 bolts (25).
6. Make sure all cables are connected and screws fully tightened before using the treadmill.

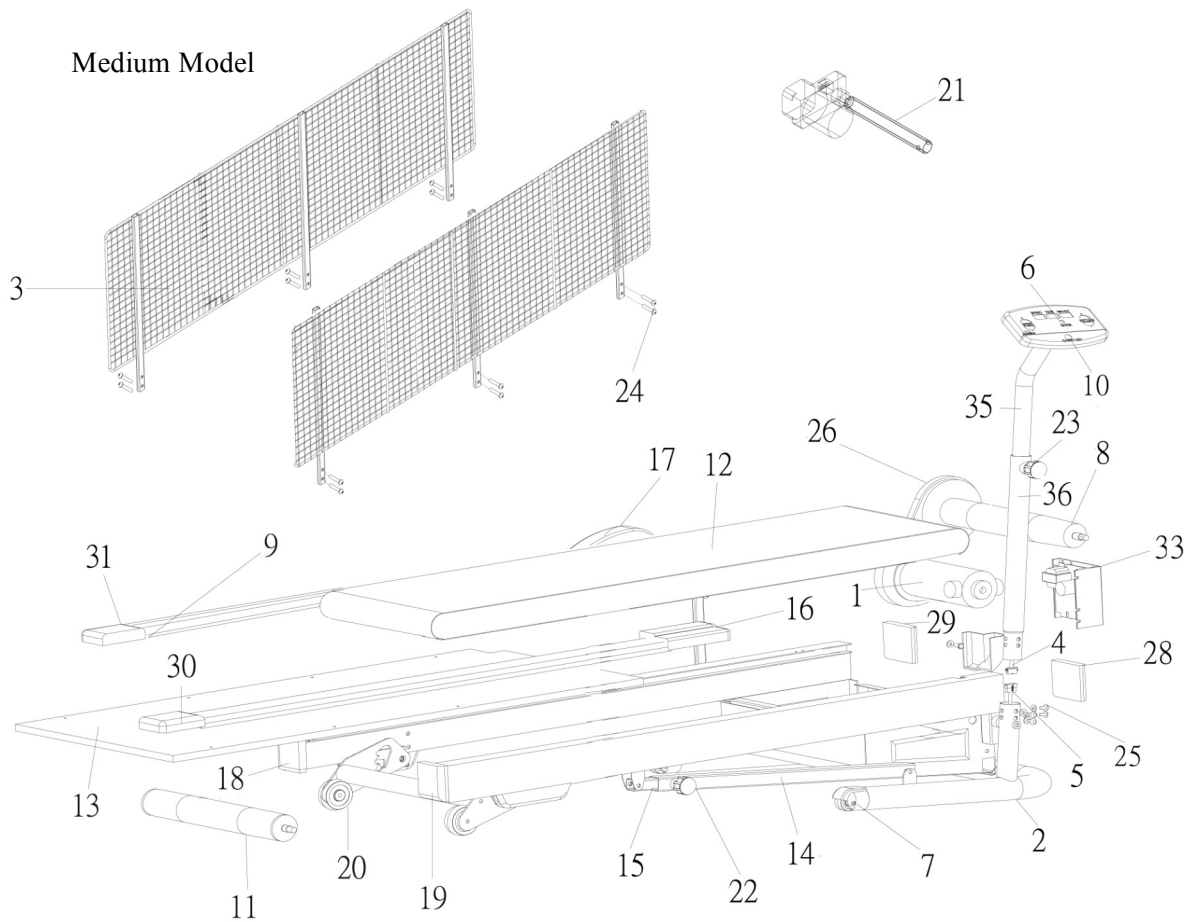
Professional Model



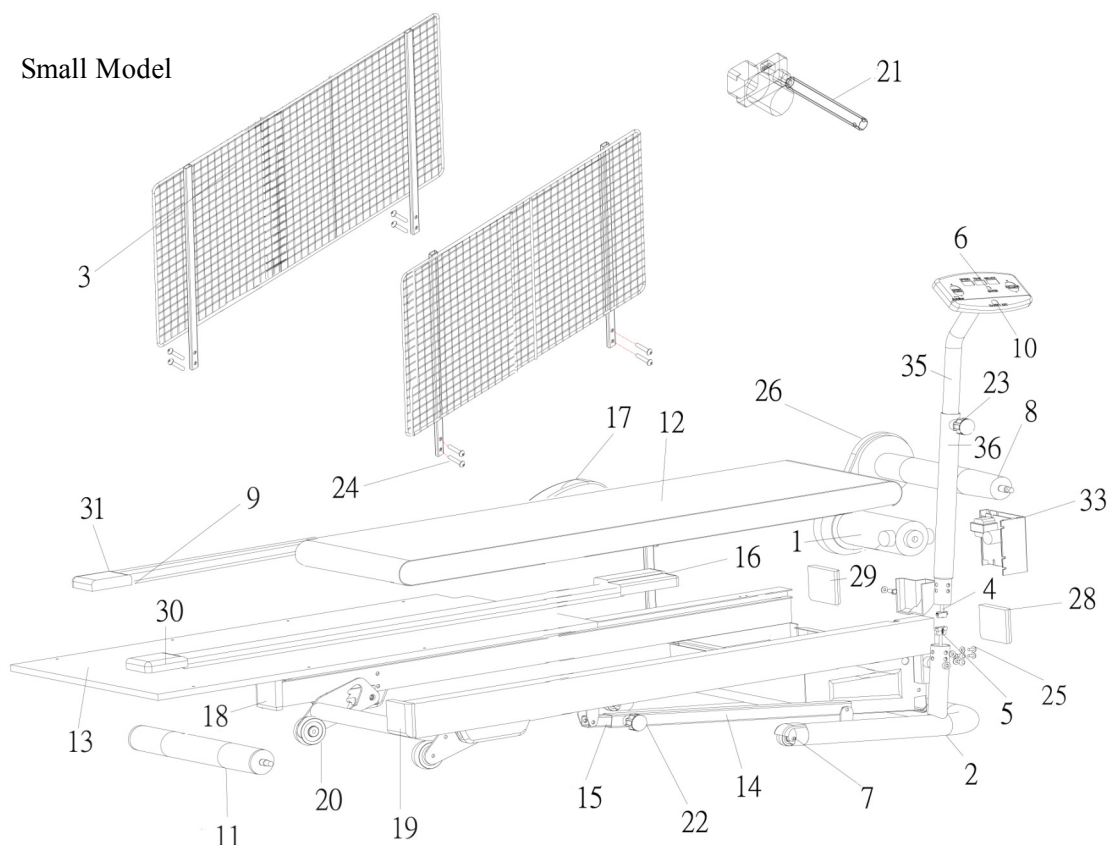
Superior Model



Medium Model



Small Model



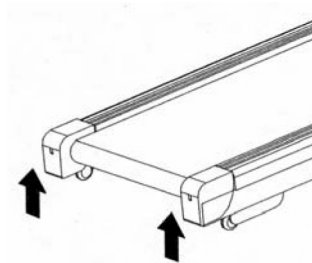
PARTS LIST

Where indicated: **A** = Professional **B** = Superior **C** = Medium **D** = Small

NO	DESCRIPTION	QTY	NO.	DESCRIPTION	QTY	NO.	DESCRIPTION	QTY
1	MOTOR	1	13	WOOD PLATE	1	25	BOLT M6*8	4
2	BOTTOM FRAME	1	14	TELESCOPIC TUBE	1	26	MOTOR BELT	1
3	GUARDRAILS – LEFT & RIGHT	2	15	INNER TELESCOPIC TUBE	1	27	SUSPENSION PAD (AB)	12
4	UPPER CABLE CONNECTORS	2	16	FRONT END CAP – RIGHT	1	28	FRONT LOWER END CAP – RIGHT (CD)	1
5	LOWER CABLE CONECTOR	1	17	FRONT END CAP – LEFT	1	29	FRONT LOWER END CAP – LEFT (CD)	1
6	CONSOLE	1	18	REAR END CAP – LEFT	1	30	REAR UPPER END CAP – RIGHT (CD)	1
7	MOVING WHEEL	2	19	REAR END CAP – RIGHT	1	31	REAR UPPER END CAP – LEFT (CD)	1
8	FRONT ROLLER	1	20	WHEEL	2	32	MOTOR COVER	1
9	SIDE PANEL	2	21	INCLINE MOTOR	1	33	CONTROL BOARD	1
10	YELLOW SAFETY KEY	1	22	BLACK KNOB 8 mm	1	34	HAIR COLLECTOR (A)	1
11	REAR ROLLER	1	23	BLACK KNOB 13.5 mm	1	35	CONSOLE UPRIGHT UPPER	1
12	RUNNING BELT	1	24	BOLT M6*8 (A) BOLT M6*8 (B) BOLT M6*8 (C) BOLT M6*8 (D)	16 16 12 8	36	CONSOLE UPRIGHT LOWER	1

GRADIENT ADJUSTMENT

1. To raise the gradient:
Press INCLINE+ to increase the incline level.
2. To lower the gradient:
Press INCLINE— to decrease the incline level.

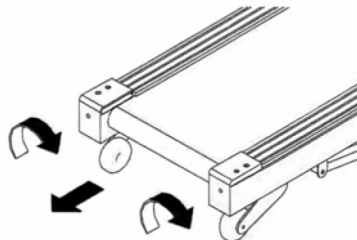


NOTE: There is no gradient decline feature on the Medium and Small treadmills

BELT TENSION ADJUSTMENT

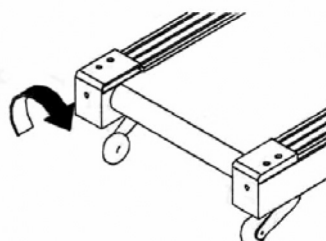
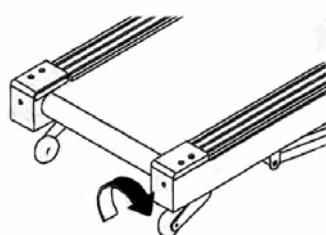
A. To adjust belt tension:

1. Keep the machine running, at approximately 6.0 km/hr.
2. Insert a 5 mm Allen key into the REAR END CAP and as shown below turn the bolts evenly a full clockwise rotation.
3. If the belt continues to slip during use, repeat the above steps until the slipping stops.

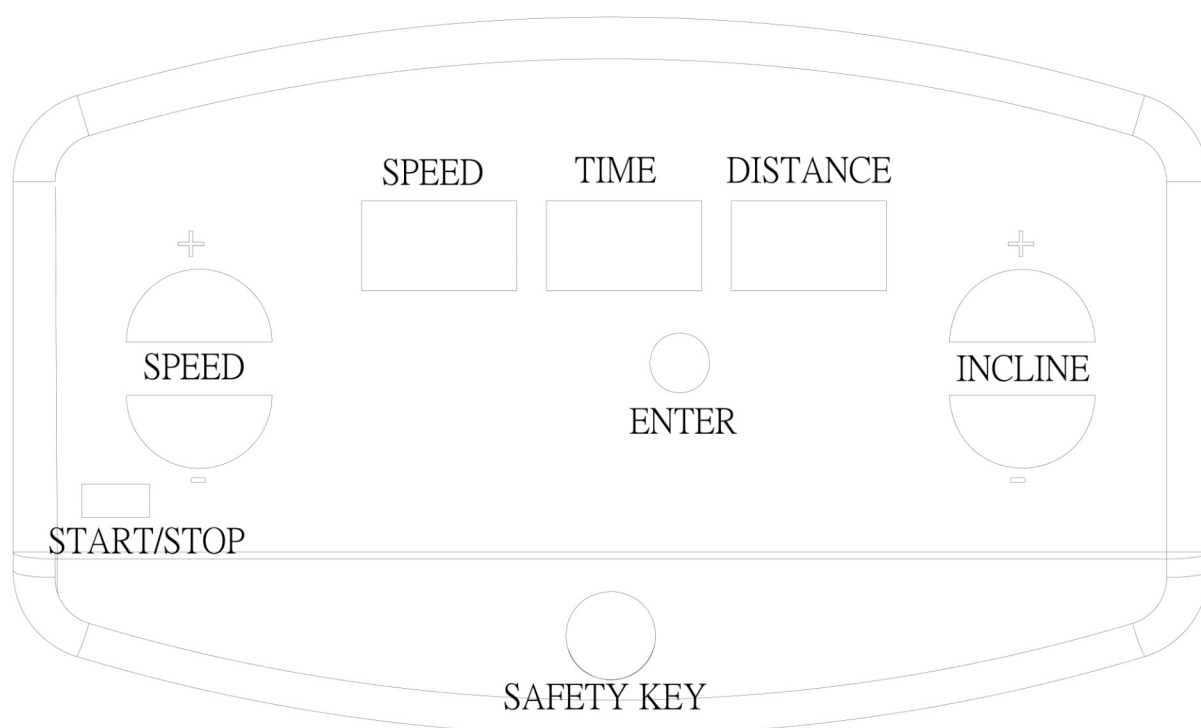


B. To centre the belt:

1. Place the treadmill on a level surface.
2. Keep the machine running, at approximately 6.0 km/hr.
3. If the belt drifts to the right, turn the right-hand adjustment bolt 1/2 turn clockwise.
4. If the belt drifts to the left, turn the left-hand adjustment bolt 1/2 turn clockwise.
5. If the belt is not centred in 15 seconds, repeat step 3 or step 4 as appropriate.



COMPUTER CONSOLE INSTRUCTIONS



1. There is an ON/OFF switch located where the power lead comes into the treadmill at the front of the machine. Use this to turn the power on and off at the machine.
2. The YELLOW SAFETY KEY must be inserted in the SAFETY KEY position in order for the treadmill to work. Attach the safety key to the harness to act as a safety mechanism when the dog is on the treadmill. Pull manually in case of emergency.
3. The START/STOP button on the computer console starts the belt moving. This is set at 0.4 km/hr on the Professional & Superior models and 0.8 km/hr on the Medium & Small models.
4. While the dog is on the machine the speed, time and distance (km) will be recorded.
5. Once the belt is moving use the SPEED +/- button to adjust the speed in 0.1 km/hr increments.
6. To set a 5, 10, 15 or 20 minute programme, before you start the belt moving, press ENTER until the TIME display is flashing, then use the SPEED +/- button to set the time at 1 minute intervals. Once the required time is selected, keep pressing ENTER until back to START. Then use the START/STOP button as before.
7. On all models, use the INCLINE feature to build up or tone muscle groups on the rear end of the dog. While the dog is in motion on the treadmill, the INCLINE +/- button adjusts the gradient to a maximum of +10% in 1% increments. This will be shown by the DISTANCE display recording the gradient as you adjust it, but the display will return to the distance travelled after a few seconds.

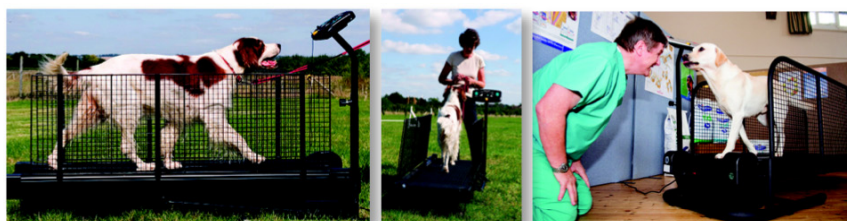
8. On the Professional & Superior models only, the DECLINE feature will build up or tone muscles on the front end of the dog. While the dog is in motion on the treadmill, the INCLINE +/- button adjusts the gradient to a maximum of –5% in 1% increments. This will be shown by the DISTANCE display recording the gradient as you adjust it, but the display will return to the distance travelled after a few seconds.
9. Remove and replace the YELLOW SAFETY KEY between using the treadmill for one dog and another. This ensures that the speed controls return to the starting speed of 0.4 km/hr on the Professional & Superior models and 0.8 km/hr on the Medium and Small models. Reset the gradient to the horizontal (0%) position.
10. The monitor will shut down automatically, if there is no input or the treadmill has not been in use for 4 minutes.

MAINTENANCE INSTRUCTIONS

1. Damp and dirt are not good for the machine so it is important that the treadmills are kept in dry and clean areas. If the electronic components get wet, turn the machine off and do not turn it on again until thoroughly dry.
2. Each new treadmill is provided with a bottle of lubricant. Turn the machine on whilst applying the lubricant.
3. On the Professional & Superior models, insert the nozzle of the lubricant bottle between the front end of the side panels and the front end caps. Use half of the lubricant on each side of the treadmill.
4. On the Medium and Small models, lubricate the treadmill between the running plate and the belt for smooth running operation. Put drops of the lubricant underneath the belt on each side. Use half of the lubricant on each side of the treadmill.
5. Approximately once every month spray light oil onto the rollers in the corners for smooth running operation. Increase lubrication if the machine is being used a lot.
6. Regularly vacuum the hair off the treadmill and keep the machine clean and free from debris such as dog biscuit crumbs.
7. Do not soak the belt in water. Clean the treadmill using a damp cloth and a non-abrasive cleaning agent.



Dog Training Manual



WHEN FIRST USING THE TREADMILL

- When first introducing your dog always ensure that it is a positive experience. Use a treat, biscuit or toy to make this a fun experience for both you and the dog.
- You are training the dog to use a treadmill. Just the same as if you are training them to be obedient, or using agility equipment etc.
- The dog needs to have its attention on you, just as he/she would if you were teaching it a new command.
- Start by having your dog on a lead. The lead must be slack all the time. The object of the treadmill is to encourage the dog to stand up on its own rather than leaning on a tight lead.
- Walk the dog on to the treadmill from the back and off the machine at the front. Again walk the dog on and off the treadmill until it is relaxed. The treadmill must always be in the 0% gradient (horizontal) position and on stand-by.
- Allow your dog to sniff and explore the treadmill. Reward and praise your dog.
- You need to find some reward that your dog is extremely interested in, a biscuit, sausage pieces, cheese pieces, any dog treats or a toy. Encourage your dog to take the treat from your hand and play with the dog a little to keep his/her attention on you.
- When your dog is relaxed and his/her attention is solely on you, press the on/off switch and allow the treadmill to start moving.
- The treadmill starts at an extremely slow speed 0.4 or 0.8kms depending on which model you have bought. Your dog will drift backwards on the treadmill belt, encourage it to walk forwards, and then it will drift back again, and again encourage

it to walk forwards. This is quite normal however if the dog looks seriously unsettled stop the machine. Remember at this stage you are merely introducing your dog to the treadmill.

- After 30 seconds or so switch the treadmill off. Reward and praise your dog.
- Repeat this 4 – 5 times. Praising and encouraging your dog. Please try to keep a slack lead so that your dog can move its head and examine what is going on. Keep it fun and keep his/her attention on you. It also allows the dog to learn to carry itself properly which is very important for even muscular development to happen all over the body.
- Repeat this process twice a day for about two to three days.
- When you feel your dog understands that the treadmill starts and stops, you can start to increase the speed slowly using the +/- keys, the speed will +/- by 0.1 km/hr.
- Only you will be able to tell when your dog is walking at a comfortable pace, by watching it. Your dog must be comfortable in its walking gait for a few days before pushing it to a striding out gait.

TROTTING AND USING INCLINE & DECLINE FUNCTIONS

TROTTING

- After 1 – 3 weeks you can either teach the dog to trot or start to use the incline and decline features. Some dogs will take to these changes much quicker than others.
- Every single dog is an individual. Please treat them with respect and don't expect one to be achieving at the same rate as his or her kennel mate.
- When trotting your dog you must be by its side at all times. Always introduce the dog to trotting with the treadmill in the horizontal position. Bring the dog up to their striding out gait; this is individual for each dog. Then set the speed for a trot pace which is again different for each breed of dog and each individual.

Here is a rough guide:

- For miniature breeds trotting can take place between 2 and 5km/hr
- For small breeds trotting can take place between 4 and 6km/hr
- For medium breeds trotting can take place between 5 and 8km/hr
- For large breeds trotting can take place between 7 and 10km/hr
- For giant breeds trotting can take place between 12 and 16km/hr

NOTE: These are wide ranges and your dog might be different.

- There is a time delay of 3 seconds before the treadmill reaches the speed that you have set, this allows the dog to break into a trot pace comfortably. You need to give lots of encouragement at this point and tell them to trot on.
- Once it is trotting decrease/increase the speed so that the dog can remain trotting comfortably. This is a very intense pace and they need to concentrate on what they are doing. When they trot for the first time just trot for 30 seconds and then bring them back down to a walk. Slowly build up from here.

INCLINE FUNCTION

- When introducing your dog to the incline function, he/she should be totally comfortable with the walking gait and striding out gait.
- The incline feature is the same for all 4 of the Fit Fur Life models and adjusts very finely in 1% increments. It is motorized, quiet and smooth.
- Your dog really should not even notice you adjusting it.
- Make sure your dog is in a walking gait for a few minutes of warm up time.
- Then using the incline key press it once, the back of the treadmill will lower.
- If you gently adjust the incline by one percent every other day, your dog should be very comfortable with this. If your dog shows any signs of stress, or fatigue bring the treadmill back up to the 0% gradient using the decline key.
- Slowly re-introduce your dog by adjusting over a longer period of time.



DECLINE FUNCTION

- This function is only available on the Superior and Professional Treadmills.
- This function should be used when the dog has become totally comfortable with the walking gait and striding out gait.
- The decline function is again very finely adjusted in -1% increments. It is motorized, quiet and smooth.
- Make sure your dog is in a walking gait for a few minutes to warm up.

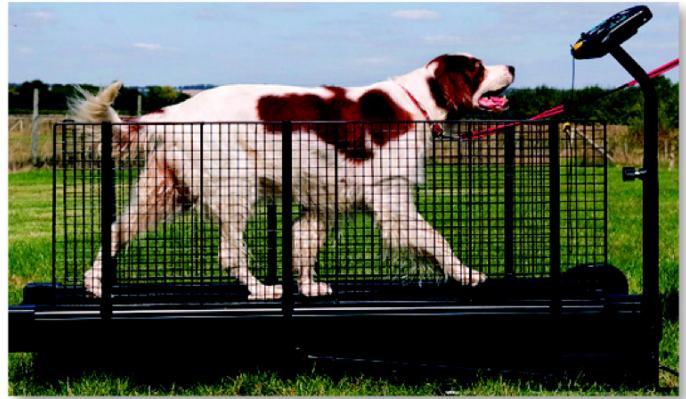
- Using the decline key press it once and the back of the treadmill will come up.
- If you gently adjust the decline by minus one percent every other day, your dog should be comfortable with this. If your dog shows any signs of stress or unsteadiness bring the treadmill back down to the 0% gradient using the incline key.
- Slowly re-introduce your dog by adjusting over a longer period of time.

BUILDING MUSCLE CONTENT IN YOUR DOG

- Your dog may need more muscle content because it is an athlete and works and therefore needs to build up throughout its body or your dog may be overweight and by increasing the muscle mass it promotes more fat burning to occur.
- Your dog may need to increase muscle because it has had an injury and the muscle wastage that occurs when they don't use the joint is rapid or your dog may be a young puppy and is favouring one side whilst it is developing, and it has uneven muscle content. Follow the guide lines below.
- Please ensure that your dog has become familiar with the treadmill, and that he/she is comfortable with the walking gait and the striding out gait.
- Always warm your dog up for 1-2 minutes and then you use the incline function for building up any muscle groups that are either side of the spine or over the rear quarters and down the hind legs.
- Or, if you need to build up muscle on the front end of the dog, shoulders or front limbs then use the decline function, which is only available on the Superior and Professional models.
- Start with 3 to 5 minute sessions with the dog in a walking gait or striding out gait depending on the reason for use. Every time you use it adjust the incline/decline by 1% only. Over a period of 2 weeks the dog should be using the full incline or decline option.
- For best results use the treadmill every other day, this allows the muscles to rebuild and repair in the day off.
- Slowly build the time of the sessions up to a maximum of 30 minutes. To get to this length of time it should have taken about 4 weeks.
- Once your dog has been using the incline or decline function for 6 weeks the muscle development in the wasted areas should be dramatic.
- When you feel your dog has rebuilt the muscle, then maintain with three sessions a week. Make sure you alternate using the horizontal plain as well as the different gradients to allow for even muscle distribution.

ENHANCING MUSCLE TONE ON YOUR DOG

- To produce good muscle tone in a dog requires the dog to be increasing its cardiovascular rate up high and maintaining that for a length of time.
- To do this your dog must be comfortable in the striding out gait and trotting gait.
- Please ensure your dog has had practice in these paces and has experienced different gradients.



- You need to build your dog up slowly, but the length of time that you can maintain a good pace, produces good tone on a dog.
- If your dog is familiar with the trotting pace, then by building the length of time that he/she does this will rapidly show results.
- Do not trot your dog for more than 20 minutes, and always be by its side.
- You must build up to this length of time over a period of 6 weeks, it is very intensive and you must watch for signs of fatigue.

REDUCING FAT CONTENT IN OVERWEIGHT DOGS

- Dogs that are overweight, due to being over fed, an injury or old age are sluggish and lacking in energy.
- By slowly getting them on the treadmill and increasing their cardiovascular rate they will change dramatically, both mentally and physically.
- Your dog must start of very slowly, with 2 – 4 minutes twice a day. It allows your dog to start to become more fluid in its movements and gently increases the cardiovascular rate.
- You are better using the treadmill in the first 2 to 3 weeks twice a day but for shorter periods.





- It is the same principle as for humans – little and often and then it is safe, allowing muscles to develop and the body to start moving again.
- When the dog starts to get to 10 minute sessions then drop down to using the treadmill once a day.

- After 6 weeks you should see dramatic results and changes in your dog.
- At this stage use the treadmill 3 times a week to maintain the dog in its new vibrant life style.

GENERAL GUIDELINES

- Whenever the dog goes on the treadmill always allow he/she a 1 – 2 minute warm up and 1-2 minute cool down period. If this is not done your dog could injure itself.
- Increase protein levels in your dog's diet if you wish to increase muscle content.
- Reduce calorie intake and tit bits if reducing fat content.
- Remember to divide your dog's normal walk time by 2 and this should be the maximum amount of time on the treadmill per session. For example, if you walk for 30 minutes then the dog should be on the treadmill for a maximum of 15 minutes.
- Remember Slowly, Slowly, Slowly is the only way to go when your dog first starts on the Fit Fur Life treadmill.
- Signs to be aware of when your dog is tiring:



(1) The dog's head will start to drop continuously, (this is why the Fit Fur Life treadmill does not recommend fastening the dog's head to an overhead crossbar, instead use the harness provided).

(2) Dropping back on the treadmill means the dog cannot maintain its position and is tiring.

- Using the harness once your dog is used to the treadmill, will enable you to attach the yellow safety cut out mechanism to the harness. If pulled the magnet will come away from the console and the power will cut off stopping the treadmill.

DISCLAIMER

- Fit Fur Life Ltd is not responsible for the welfare of your dog whilst using a Fit Fur Life treadmill. These are guidelines only as each dog is different and each dog is using it for different reasons. Please ensure the safety of your dog at all times.
- Please do not let children or adults use the Fit Fur Life treadmills, as it may distort the running bed, which could result in the dog's outline being altered.

TECHNICAL SPECIFICATIONS

Professional model:

Heavy duty steel welded frame
High pressed plywood deck
Running area of 2000mm x 440mm
Front and rear 60mm steel tapered rollers
3HP motor
Motorised incline (+10%) & decline (-5%) in 1% increments
Monitor 3 window display chrome finish
Heavy duty wire mesh 1800mm x 520mm painted steel
Speed 0.4-20kms/hr in 0.1km increments
Chrome console
Hair tray
Maximum dog's weight = 135kgs
Machine's net weight = 90.5kgs
CE Certification
Large breed harness included
Non folding

Superior model:

Heavy duty steel welded frame
High pressed plywood deck
Running area of 2000mm x 440mm
Front & rear 60mm steel tapered rollers
1.5HP motor (4HP Peak)
Motorised incline (+10%) & decline (-5%) in 1% increments
Monitor with 3-window display
Wire mesh 1800mm x 460mm painted steel
Speed 0.4-16kms/hr in 0.1km increments
Folding
Maximum dog's weight = 115kgs
Machine's net weight = 79.2kgs
CE Certification
Large breed harness included

Medium model:

High quality aluminium frame
High pressed plywood deck
Running area of 1600mm x 400mm
Front & rear 60mm steel tapered rollers
1.25HP Motor (3HP Peak)
Motorised incline (+10%) in 1% increments
Monitor with 3-window display
Wire mesh 1400mm x 460mm painted steel
Speed 0.8-12kms/hr in 0.1km increments
Folding
Maximum dog's weight = 100kgs
Machine's net weight = 60.9kgs
CE Certification
Medium breed harness included

Small model:

High quality aluminium frame
High pressed plywood deck
Running area of 1200mm x 340mm
Front & rear 60mm steel tapered rollers
1HP motor (2HP Peak)
Motorised incline (+10%) in 1% increments
Monitor with 3-window display
Wire mesh 1000mm x 460mm painted steel
Speed 0.8-10kms/hr in 0.1km increments
Folding
Maximum dog's weight = 80kgs
Machine's net weight = 50.9kgs
CE Certification
Small breed harness included

WARRANTY

In the event of a fault occurring please contact your local Fit Fur Life distributor.

Contact details can be found on our website at www.fitfurlife.com

Guarantee Policy

- FFL provides a 2 year guarantee on the frame and motor of all models.
- FFL provides a 1 year guarantee on all other parts.
- Any damage caused due to non-compliance with the Maintenance Instructions, misuse or abuse will result in the FFL Guarantee becoming null and void.

Replacement Policy

- Within the guarantee period, FFL will endeavour to replace any faulty parts/machines within a week, free of charge.
- Outside the guarantee period, spare parts can be purchased from FFL.
- Outside the guarantee period, the cost of delivery will be charged to the customer.



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